SPP: Pad Holder Pattern Instructions

Note #1: Pattern is finished size. Allow ½in. or 1in. extra on all materials to avoid shrinkage.

Note #2: Picture of pad holder is not actual size.

Recommended Materials: *Be sure to pre-wash all materials to avoid shrinkage

- One 6”x12” piece of cotton or flannel fabric
- One 6”x12” piece of PUL fabric
- Closure – Velcro dots or squares (alt: snap)
Pad Holder Instructions:

- With right side of flannel fabric and wrong (plastic) side of PUL, sew three sides (leaving one short side open) using ¼” seam
- Turn, pushing corners out
- Press edges
- Turn under open end ½” and press
- Stitch end using ¼” seam
- Turn PUL to inside, leaving 2” of PUL exposed at top
- Stitch down both sides using ¼” seam (reinforce at open area).
- Add snap or Velcro to close